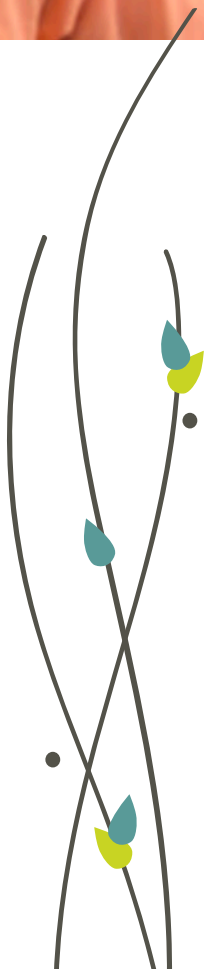




Transitions
PalliativeCare

What is
Palliative Care?



Struggling with
pain or other
symptoms?



What is Palliative Care?

Palliative (pal-ee-uh-tiv) care is a medical approach focused on providing patients with relief from the symptoms, pain, and stress of a serious illness – whatever the diagnosis. The purpose is to improve quality and dignity of life for both the patient and the family and can be provided alongside curative treatment.

Transitions PalliativeCare is a specialty consultative service that utilizes physicians who are board certified in hospice and palliative medicine, nurse practitioners and nurse navigators who are experienced with symptom management in older adults, social workers, and spiritual care counselors/ family support who can help patients and families with decision making and goals of care. Palliative care providers work together with your doctor's office or facility to give you an extra layer of support.

How can your palliative care team help?

- helping to manage and relieve pain
- talking with your doctor to treat symptoms such as nausea, constipation, fatigue, shortness of breath, and anxiety
- focusing on psychosocial needs of patients
- talking about goals of care and advance care planning
- coordinating care with multiple health care providers
- improving quality of life wherever a person calls home, including but not limited to a private home, nursing facility, rehabilitation facility, or assisted living facility.

 We
provide
relief and
comfort.

Who should receive palliative care?

Patients with a serious illness who are/have:

- experiencing pain or other symptoms such as nausea, constipation, fatigue, shortness of breath, anxiety, or confusion
- complex diseases, multiple illnesses or treatments
- chronic or terminal illnesses such as congestive heart failure (CHF), chronic obstructive pulmonary disease (COPD), cancer, renal failure, or dementia
- needing assistance setting up or coordinating goals of care
- being treated by multiple specialists
- repeated emergency room (ER) or hospital visits.


How do I access Transitions PalliativeCare?

For a referral contact your
social worker OR medical professional



It takes a
community
to provide a full
circle of care.

The services Transitions LifeCare provides include Transitions GuidingLights, Transitions HomeHealth, Transitions PalliativeCare, Transitions HospiceCare, Transitions Kids, and Transitions GriefCare. The geographic region we serve includes Chatham, Durham, Franklin, Granville, Harnett, Johnston, Orange, and Wake counties.

 **Make a donation.** Transitions LifeCare is committed to serving all patients regardless of their ability to pay. To do so, we rely on the generous support of our community. Will you consider making a donation to help us include all those in need within our circle of care? To learn more about ways you can give, visit transitionslifecare.org/donate.



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