

TRANSITIONS KIDS TIMES

Meeting Families as They Are, Where They Are

This month we are offering ways to Spring Forward with Play! We would also like to recognize Caregiver Appreciation Day on March 3 and Absolutely Incredible Kid Day® On March 21.

Integrative and Holistic

[The importance of being silly.](#)

[Why laughing is good for you](#)

Creative and Innovative

On Caregiver Appreciation Day (and every day!) we recognize and hold space for the many, many things that each of you juggle each day and all the ways you show up to support those in your care. On March 3, see if you can find one [Way to Care for Yourself](#) or share [6 Simple \(Yet Meaningful\) Ways to Support a Caregiver](#) with someone close to you.

[Special Books by Special Kids \(SBSK\)](#) - Celebrate your own special kid on Absolutely Incredible Kid Day! Post what makes your kid incredible on social media and tag Transitions Kids.

TK Parent Facebook Group

Looking for a way to connect with other TK parents and families? We have created a private Facebook group that invites families to connect with each other, support each other, and build a community. Please feel free to use this group in ways that feel supportive to you and your family! To become a member of this group, please use this [link](#) to submit your email address that is connected to your Facebook account. An invitation to join the group will be sent to your email.

Follow TK on Social Media

[TK Facebook - Transitions Kids](#)

[TK Facebook Group - Parents and the Safe Space](#)

[TK Instagram - transitionskids](#)

[TK Tik Tok - transitionskidsnc](#)

Accountability and Advancement

Join us for a **Patient & Family Advisory Committee (PFAC)** virtual meeting.

What is PFAC? PFAC is a space for those who have worked with TK to collaborate with the organization to improve and develop practices and policies that are informed by patient/family perspectives. The goal of PFAC is to support TK in improving and evaluating their practices and policies by patient engagement, collaboration, and creative innovation. PFAC quarterly meetings are held virtually via Microsoft Teams Video and facilitated by Transitions Kids team members.

When: Tuesday, April 16

Time: 5:30–7:00 pm.

Register [HERE](#)

If you have any questions about PFAC, please contact Abby Yuan ayuan@transitionslifecare.org or Siena Buckley sbuckley@transitionslifecare.org.

Engagement and Collaboration

Bereavement Groups

KidsZone

Grief Academy

Please see our [Events Calendar](#) for registration and details.

Wonder and Whimsy

“We don’t stop playing because we grow old; we grow old because we stop playing.” – George Bernard Shaw

[Play Tool Kit - Gak!](#)

[Play Tool Kit - Paper Toss](#)

[9 Simple Ways to Play Every Day](#)