

## TRANSITIONS KIDS TIMES

### Meeting Families as They Are, Where They Are

This month we are celebrating siblings!

#### Integrative and Holistic

[A Lovingkindness Meditation](#)

[Billy's Sister: Life when your sibling has a disability](#)

#### Creative and Innovative

##### TK Parent Facebook Group

Looking for a way to connect with other TK parents and families? We have created a private Facebook group that invites families to connect with each other, support each other, and build a community. Please feel free to use this group in ways that feel supportive to you and your family! To become a member of this group, please use this [link](#) to submit your email address that is connected to your Facebook account. An invitation to join the group will be sent to your email.

#### Accountability and Advancement

Join us for a **Patient & Family Advisory Committee (PFAC)** virtual meeting.

**What is PFAC?** PFAC is a space for those who have worked with TK to collaborate with the organization to improve and develop practices and policies that are informed by patient/family perspectives. The goal of PFAC is to support TK in improving and evaluating their practices and policies by patient engagement, collaboration, and creative innovation. PFAC quarterly meetings are held virtually via Microsoft Teams Video and facilitated by Transitions Kids team members.

**When:** Tuesday, April 16

**Time:** 5:30–7:00 pm.

**Register** [HERE](#)

If you have any questions about PFAC, please contact Abby Yuan [ayuan@transitionslifecare.org](mailto:ayuan@transitionslifecare.org) or Siena Buckley [sbuckley@transitionslifecare.org](mailto:sbuckley@transitionslifecare.org).

##### Follow TK on Social Media

[TK Facebook - Transitions Kids](#)

[TK Facebook Group - Parents and the Safe Space](#)

#### Engagement and Collaboration

##### Bereavement Groups

KidsZone

S.O.S. Teen Group

Please see our [Events Calendar](#) for registration and details.

##### BRIGHT L.I.T.E. Junior Camp Counselor Program

This program is designed for teens to share their experience of grief and loss through leadership, connection, and continuing education. This limited internship is offered to 12 applicants each year who meet the required eligibility (age 13–17, completes application, availability and transportation to program events).

Register [HERE](#)

Leadership In Training Experience (L.I.T.E.) 2024

**APPLICATION Opens:** March 4–May 17 Program begins June 1 at KidsZone

After submitting this application, you will receive a call from a Transitions Kids staff member to complete the registration process.

Volunteer hours will be recorded and provided to LITE after Camp BRIGHT with endorsed letter from Camp Director.

#### Wonder and Whimsy

[8 Tips to Care for Siblings of a Sick Child](#)

[When a Sibling Is Chronically Ill](#)

[Sibling Caregiving](#)

[3 Significant Ways to Celebrate Families and Caregivers of Children](#)

[From Invisible to Seen: Empowering a Glass Child](#)

[TK Instagram - transitionskids](#)

[TK Tik Tok - transitionskidsnc](#)